

## How to disable QB backup reminder in MyVAO

As all data is automatically backup on MyVAO, you can safely disable the back reminders inside QB itself

1. Go to File>Back up Company->Create Local backup
2. On the next screen select Local Backup and then click on the Options button
3. In the Backup Options box, type in r:\ as the backup location and then uncheck the box to remind you to back up the company file every (highlighted below):

Backup Options

Use this window to set default options for your manual and automatic backups.

LOCAL BACKUP ONLY

Tell us where to save your backup copies (required)

Browse...

Add the date and time of the backup to the file name (recommended)

Limit the number of backup copies in this folder to

ONLINE AND LOCAL BACKUP

Remind me to back up when I close my company file every  times.

Select an option to verify that your company data is OK (that is, not corrupted) when you save.

Complete verification (recommended)

Quicker verification

No verification

[Help me choose](#)

OK Cancel Help

4. Click OK and then click CANCEL on the Create Backup screen